

- 2024 -
JUNE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cromwell High School

Start the day off right with a free school breakfast!

Breakfast is free to all students Student Lunch \$3.10

Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables.

A selection of a la carte items are also available for purchase daily.

Alternate Daily Lunch Options:
 Assorted sandwiches- Ham, Turkey, Buffalo Chicken, Egg or Tuna Salad.

Garden Salad with protein choice.

Although we will do our best not to make substitutions, all menus are subject to change due to product shortages.

3 Chicken Nuggets
 Oven Potatoes
 WG Roll
 Steamed Corn
 Fruit Choice

4 Hot Dog on WG Roll
 Potato Chips
 Macaroni Salad
 Fruit Choice

5 Stuffed Bread with Italian Cheeses and Garlic
 Marinara Sauce
 Steamed Broccoli
 Fruit Choice

6 WG Mini Pancakes
 Chicken Sausage
 Veggie Juice
 Hash Brown Patties
 Fruit Choice

7 Cheese Pizza or Mozzarella Sticks
 Carrots & Celery Sticks
 Hummus
 Garden Salad
 Fruit Choice or Raisins

10 WG Mini Waffles
 Chicken Sausage
 Veggie Juice
 Hash Brown Patties
 Fruit Choice

11 Chef's Choice

12 CHS Beef Burger (Mac Sauce, American Cheese and Sliced Pickles)
 Macaroni Salad
 Fruit choice

13 **Early Dismissal**
 Turkey and Cheese Sandwich
 Carrots W/ Ranch Dip
 Goldfish Crackers
 Fruit Choice



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24 **Free Summer Meals!**
Call 211 to find a site near you!

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